

hair, beauty and

complementary therapies

2014/15



always the

right course

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Hairdressing, Beauty and Complementary Therapies

Welcome to Hairdressing, Beauty and Complementary Therapies at Edinburgh College

At Edinburgh College, we offer the latest training for hairdressing, beauty and complementary therapies. This is a fast moving and rapidly growing industry and we're sure to have a course to suit you. What's more, we offer a variety of levels to suit your needs, from Entry Level 3 Creative Hairdressing & Make-Up Trends to HND Beauty Therapy - the highest qualification that can be gained within this area. We think it's important to provide clear progression routes to the career you want. That's why you can start your studies with us on a school programme and exit with an HNC in Hairdressing or HND in Beauty Therapy.

To ensure we prepare you for employment in the industry, all our courses have a strong focus on real salon experience. To make this possible, we provide three professional hair and beauty salons, right here on site. These function as commercial businesses, giving you experience in a realistic learning environment that's relevant to your future career.

We also work closely with high-end production companies, such as Elemis and Wella, to provide you with the best training possible. Edinburgh College is recognised as a Centre of Excellence by Wella – one of only two Scottish colleges. This professional recognition goes to show the exceptional standard of facilities and training we provide. It also means we're able to offer you truly exciting opportunities, with national competitions and schemes run by Wella. Just what you need to stand out from the crowd.

Our success stories speak for themselves. In May 2013, we hosted the WorldSkills UK Beauty competition, welcoming hundreds of students from across Scotland to compete in one of the industry's top events. We always have high expectations, and in 2013 our beauty students picked up two first places, three second places, and one third place in several beauty categories. These included Aromatherapy and Beauty Therapy, with a clean sweep of awards in Beauty Therapy Advanced.

At the 2014 Association of Hairdressers and Therapists (AHT) competition, our hairdressing students picked up eight awards at the regional finals across various categories including: first year blow-drying, avant-garde, transgender transformation and cut and blow dry. At the AHT National Final, the college's students scooped a silver award for creative fantasy.

So, whether you choose to work in a salon or start your own business, Edinburgh College really is the place to learn. Now it's time to decide which course is for you - the following Hairdressing, Beauty and Complementary Therapies course guide is here to help.



VTCT Level 2 Beauty Therapy

Campus: Granton, Milton Road, Sighthill

Mode of Attendance: Full-Time

What is this course about?

This one-year course introduces the skills you need for entry into the beauty industry. The course meets industry requirements and prepares you to work in a variety of salon environments. You'll work in a realistic salon environment within your class time to give you valuable practical experience. You'll also have the opportunity to gain experience of the beauty industry by participating in a work placement to enhance your employability prospects even further. You'll be qualified to progress onto further studies, as well as being ready to work in certain areas of the beauty therapy industry.

How do I get a place?

- A minimum of 3 Standard Grade passes at SCQF Level 4
- A successful interview which includes a practical and written task

What will I learn?

- Anatomy and Physiology
- Health and Safety
- Promoting Additional Products or Services to Clients
- Effectiveness at Work
- Facial Treatments
- Enhancing Eyebrows and Lashes
- Waxing Treatments
- Manicure and Pedicure Services
- Assist Spa Operations
- Provide Make-up Services
- Salon Reception Skills

What can I do next ?

- Progression to VTCT Level 3 Beauty Therapy or VTCT Level 3 Spa Route
- Employment in a selection of roles in the beauty therapy industry

VTCT SVQ Level 3 Beauty Therapy

Campus: Granton, Milton Road, Sighthill

Mode of Attendance: Full-Time

What is this course about?

If you've already reached SVQ Level 2 Beauty Therapy and want to build on your knowledge and skills, then this is the course for you. You'll combine practical and theory work in areas such as massage, and body or facial electrical, gaining practical experience working in the Employability Salons to give you valuable real life work experience in the industry, ensuring you're ready and fully qualified to walk into employment within the beauty therapy industry.

This course is fantastic preparation for becoming a practitioner in the industry, as well as equipping you with the skills you need to continue onto further studies at HNC Level.

How do I get a place?

- Relevant Level 2 Beauty Therapy qualification
- A successful interview which includes a practical and written task

What will I learn?

- Anatomy and Physiology
- Monitor Procedures to Safely Control Work Operations
- Planning and Implementation of Promotional Activities
- Facial Electrical Treatments
- Body Electrical Treatments
- Indian Head Massage
- Body Massage
- Stone Therapy Treatments
- Massage using Pre-blended Aromatherapy Oils

What can I do next?

- Progression to HNC Beauty Therapy
- You'll be fully qualified to work within the beauty therapy industry

VTCT SVQ Level 3 Beauty Therapy Spa Route

Campus: Granton

Mode of Attendance: Full-Time

What is this course about?

This course develops the skills you gained at Level 2 and will provide you with the ability to perform holistic beauty and spa treatments. The course meets industry requirements and will prepare you to work in the spa or beauty industry.

You'll participate in our evening employability salon to give you valuable industry experience to ensure you'll be well prepared for working within the beauty therapy and spa industry.

You'll also be ready to progress onto training at HNC Level to enhance your beauty therapy skills even further.

How do I get a place?

- Minimum Level 2 Beauty Therapy
- A successful interview which includes a practical and written task

What will I learn?

- Anatomy and Physiology
- Monitor Procedures to Safely Control Work Operations
- Promote Additional Services or Products to Clients
- Facial Electrical Treatments
- Body Electrical Treatments
- Indian Head Massage
- Body Massage
- Body Wrapping and Floatation Treatments
- Sauna, Steam and Hydrotherapy Treatments
- Stone Therapy Treatments
- Massage using Pre-blended Aromatherapy Oils

What can I do next?

- Progression to HNC Beauty Therapy
- You'll be fully qualified to work within the beauty therapy industry

SCQF Level 6 Preparation to HND Beauty Therapy

Campus: Granton

Mode of Attendance: Full-Time

What is this course about?

This one-year course introduces the skills you need for entry into HND Beauty Therapy.

The course meets industry requirements and prepares you to work in a variety of salon environments. You'll work in a realistic salon environment within your class time to give you valuable practical experience. You'll learn the therapeutic skills and knowledge you need to move into the higher levels of the beauty industry, performing a variety of more advanced beauty treatment plans, including holistic therapies, to meet industry requirements.

Through working in our salon, you'll gain hands-on experience with real clients. We make sure you're prepared for a wide range of salon and spa environments by assessing you in different ways, from your work experience with clients, case studies about the treatments offered, to oral presentation selling skills.

How do I get a place?

- A minimum of 2 Highers, preferably English and Biology or relevant NC at SCQF Level 6
- A successful interview which includes a practical and written task

What will I learn?

- Anatomy and Physiology
- Facial Treatments
- Body Massage
- Face & Body Electrotherapy
- Manicure & Pedicure
- Depilation
- Eye Treatments
- Commercial Experience

What can I do next?

Continue your studies to HNC Beauty Therapy.

HNC Beauty Therapy

Campus: Granton, Milton Road,
Mode of Attendance: Full-Time

What is this course about?

If you're looking to develop your beauty therapy skills to a higher level, this one-year course is for you.

You'll learn the therapeutic skills and knowledge you need to move into the higher levels of the beauty industry, performing a variety of more advanced beauty treatment plans, including holistic therapies, to meet industry requirements.

Through working in our salon, you'll gain hands-on experience with real clients. We make sure you're prepared for a wide range of salon and spa environments by assessing you in different ways, from your work experience with clients, case studies about the treatments offered, to oral presentation selling skills.

Our success stories speak for themselves. In May 2013, we hosted the WorldSkills UK Beauty competition, where we welcomed hundreds of students from across the country to compete in one of the industry's top events. We always have high expectations – we're proud winners year after year. Our beauty students picked up two first places, three second places, and one third place in several beauty categories. These included Aromatherapy and Beauty Therapy, with a clean sweep of awards in Beauty Therapy Advanced.

How do I get a place?

- Minimum relevant Level 3 Beauty Therapy qualification or NC at SCQF Level 6
- A successful interview which includes a practical and written task

What will I learn?

- Human Anatomy and Physiology
- Face and Body Electrotherapy
- Employment Experience
- Management and Practises of Facial Therapies
- Management and Practises of Body Therapies
- Product Knowledge
- Spa Treatments
- Lifestyle Advice
- Remedial Massage
- Beauty Therapy - Graded Unit 1

What can I do next?

- Employment as a beauty therapist
- Year 2 HND Beauty Therapy

HND Beauty Therapy

Campus: Granton
Mode of Attendance: Full-Time

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If you're looking to develop your beauty therapy skills to a higher level, this course is for you.

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How do I get a place?

- A minimum of an HNC in Beauty Therapy
- A successful interview which includes a practical and written task

What will I learn?

- Advanced Face and Body Electrotherapy
- Contemporary Electrotherapy
- Aromatherapy
- Spa Treatments
- Employment Experience
- Electro Cosmetic Therapies
- Beauty Therapy - Graded Unit 2
- Business

What can I do next?

- Employment as a beauty therapist, manager of a spa or beauty salon, or start your own business
- Continue your studies to degree level in complimentary therapies or business studies

Cost/Fees

There are additional costs for kit, uniforms and books which must be purchased.



VTCT Level 3 Diploma in Complementary Therapies

Campus: Sighthill

Mode of Attendance: Full-Time

What is this course about?

This Level 3 Diploma has been designed to prepare you for a career as a complementary therapist, whether you're planning to work as an aromatherapist, reflexologist or massage therapist. You'll cover a wide range of topics on the course, from learning about business practice to developing a knowledge of anatomy. This wide skillset will ensure you're in a fantastic position to continue your training in specialist complementary therapies at the next level of your development. You'll be ready to walk into roles in the industry too.

How do I get a place?

- A minimum of 3 passes at SCQF Level 4 or Level 2 Beauty Therapy
- A successful interview which includes a practical and written task

What will I learn?

- Business Practice for Complementary Therapies
- Principles and Practice of Complementary Therapies
- Knowledge of Anatomy, Physiology and Pathology for Complementary Therapies
- Body Massage for Complementary Therapies
- Aromatherapy for Complementary Therapies
- Reflexology for Complementary Therapies

What can I do next?

- Specialist complementary therapy qualifications at Level 4 or HND Complementary Therapy
- Employment or self-employment as a complementary therapist, aromatherapist, reflexologist or massage therapist









VTCT SVQ Level 1 Hairdressing and Barbering

Campus: Granton, Milton Road, Sighthill

Mode of Attendance: Full-Time

What is this course about?

This one year course introduces you to the skills you need for an assisting role within a hairdressing salon environment, as well as preparing you to progress onto further hairdressing courses.

The course includes practical skills and theory sessions to give you the knowledge and understanding to complete assignments and assessments required for the course. You'll work with others as an assistant when preparing and delivering hairdressing services in a realistic environment - valuable practical experience as part of your class time.

How do I get a place?

- A minimum of 2 Core Skills passes at SCQF Level 3 or equivalent
- A successful interview which includes a practical and written task

What will I learn?

- Health & Safety
- Preparing for Salon Services
- Shampoo & Condition Hair
- Working Practices
- Blow-drying
- Assisting With Colour

What can I do next?

- Progress onto Level 2 hairdressing or barbering courses
- Enter the hairdressing industry as a junior

SVQ Level 2 Barbering

Campus: Granton

Mode of Attendance: Full-Time

What is this course about?

This gents barbering course covers a wide range of skills required to enter and work in the industry. You'll study practical skills working on clients in a salon environment to give you valuable real industry experience to prepare you for your future career. You'll also attend theory sessions to give you the knowledge to complete the assignments and assessments required for the course.

How do I get a place?

- A minimum of 2 passes at Standard Grade at SCQF Level 4 and/or a recognised hairdressing barbering qualification at SVQ Level 1
- A successful interview which includes a practical and written task

What will I learn?

- Health and Safety
- Advising and Consulting with Clients
- Shampoo and Condition Hair
- Drying and Styling Hair
- Cutting Hair and Facial Hair
- Creating a Positive Impression
- Colouring Hair

What can I do next?

Employment within the barbering industry.

VTCT SVQ Level 2 Hairdressing

Campus: Granton, Milton Road, Sighthill

Mode of Attendance: Full-Time

What is this course about?

This Level 2 hairdressing course covers a wide range of skills you need to enter and work in the industry.

You'll gain practical experience working on clients in a professional salon environment - a fantastic way to enhance your employment prospects. You'll also attend theory sessions to give you the knowledge to complete the assignments and assessments required for the course.

This award is recognised within the industry as qualifying you as a salon assistant. You'll also be qualified to access further studies at the next level of your development to enhance your hairdressing skills even further.

How do I get a place?

- A recognised hairdressing qualification at SVQ Level 1 or 2 standard grades
- A successful interview which includes a practical and written task

What will I learn?

- Health and Safety
- Advising and Consulting with Clients
- Shampoo and Condition Hair
- Styling Hair
- Set and Dress Hair
- Cutting Hair
- Colouring Hair
- Creating a Positive Impression
- Team Work

What can I do next?

- Move into employment within the hairdressing industry at a junior level
- Continue with your studies in SVQ Level 3 Hairdressing



VTCT SVQ Level 3 Hairdressing

Campus: Granton, Milton Road
Mode of Attendance: Full-Time

What is this course about?

This course will enhance the hairdressing skills and knowledge you've already attained at Level 2.

Equipped with a more advanced skillset, you'll be well prepared to develop your passion for hairdressing by progressing to a more technical and supervisory level. You'll also be in a fantastic position to develop your hairdressing skills even further at HNC Level.

How do I get a place?

- You'll need a recognised hairdressing qualification at Level 2 or equivalent
- A successful interview which includes a practical and written task

What will I learn?

- Health and Safety
- Promoting Services and Products
- Advising and Consulting with Clients
- Styling and Finishing Hair
- Dressing Long Hair
- Cutting Hair
- Colouring Hair
- Colour Correction
- Developing and Enhancing your Creative Skills

What can I do next?

- Take up employment within the industry at a technical and/or supervisory level
- This course can also provide the entry qualifications required to apply for an HNC in hairdressing

HNC Hairdressing

Campus: Milton Road
Mode of Attendance: Full-Time

What is this course about?

If you're looking to move into the higher levels of the hairdressing industry, this one-year course is designed for you.

You'll build on your previous experience, developing your problem solving skills, and learning a wider range of more advanced hairdressing skills and techniques to meet industry requirements. You'll have the opportunity to work with high-end product companies, such as Wella, in a variety of realistic salon environments. This will give you the best hands-on training for strong employment prospects.

You'll learn an extremely wide range of skills that will also prepare you to manage, teach, or open your own salon. Edinburgh College is recognised as a Centre of Excellence by Wella - one of only two Scottish colleges. This professional recognition goes to show the exceptional standard of facilities and training you'll experience.

It also means we're able to offer you truly exciting opportunities, with national competitions and schemes run by Wella. Just what you need to stand out from the crowd.

How do I get a place?

- You'll have SVQ/NVQ 3 Hairdressing and/or be employed in the hairdressing sector
- A successful interview which includes a practical and written task

What will I learn?

- Fashion Cutting and Restyling
- Small Business Management
- Directing and Supervising Staff
- Colour and Innovation Design
- Specialised Treatments of the Hair and Scalp
- Graphic Design

What can I do next?

- The HNC qualification is the minimum qualification required for performing a teaching role
- A range of employment opportunities such as salon management, self-employment, sales, technician, freelance work, demonstrating and teaching/training





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